



July 4 - Music Concert



Parama Pujya Sri Ganapati Sachchidananda Swamiji of Mysore, India, a great Musician and a Composer, has been conducting Spiritual Music Concerts for Meditation and Healing (Nada Chikitsa) in India and many other countries in Europe, America and Caribbean Islands. Listening to His Healing and Meditation music in person, or to his many recordings, is the melodic medicine prescribed by Sri Swamiji for all ailments and conditions ranging from Coma to Cancer and migraine to mental depression.

Yoga Sangeeta is proud to present "HANUMAN RAGA SAGARA" - Meditation & Healing Music Concert by Sri Ganapati Sachchidananda Swamiji on July 4th, 2009 at **Bass Performance Concert Hall** during the Guru Purnima Celebrations & Hanuman Mahotsav in Dallas.

Program Advisors: Sri Swamiji & Kali Ray



July 5 - Integrated Medicine

A day full of speeches and instructions led by Kali Ray, Basu Ray, Dr. Amala Guha, Cheryl Gallagher and other notable Yoga experts.

The Keynote panel discussion focuses on chronic illness healing through Meditation and Yoga led by Dr. Basu Ray.

6 am Introduction to Meditation and Yoga

Breakfast

9 am Keynote Discussion on Integrated Medicine

10 am Internal Medicine and Diabetes Management

Lunch

1 pm Diet in health and disease

2 pm Integrated medicine and Cancer healing

3 pm Chronic disorders and Yoga

4 pm Meditation and Music Therapy

Dinner



Dr. Amala Guha



Dr. Srinivas Gunukula



Dr. Sheela Chokshi



Mrs. Meera Rao



Dr. Miguel Rivera



Dr. Indranil Basu Ray

July 6 - Stress Management

Day kicks off with further discussion on Yoga and Meditation. This is followed by Panel Discussion on resolving Stress management, overcoming Chronic illness and insights into Music therapy and meditation

Day ends with a great rewarding interview with H. H. Sri Swamiji.

6 am Yoga and Effective Breathing

Breakfast

9 am Panel Discussion on Stress Management, Hyper tension and resolving Mental disorders through Yoga

Lunch

1 pm Therapeutic affects of Sound and Music

2 pm MultiTherapy Session

3 pm Closing remarks and Swamiji Interview

4 pm Meditation and Music Therapy

Dinner



Dr. Sudha Rajan



Dr. Saurabh Chokshi



Margret Stockley RN



Mr. Rama Rao



Dr. Deepa Rajan



Cheryl Gallagher